



Soul Injury® A New Paradigm for Responding to Trauma May 13: Soul Injury Conference May 14: Soul Injury Workshop St. John's Evangelical Church - Kenton, Ohio

Soul Injury: A New Paradigm for Responding to Trauma & Chronic Stress

National Speaker: Deborah Grassman ARNP, CEO Opus

Peace, author Peace at Last and The Hero Within

Date: Friday, May 13

Time: 9:00AM-4:15PM: Conference designed for anyone working with people who have experienced trauma: veterans, hospice workers, doctors and nurses, educators, first responders, social workers, counselors, pastors, nursing home administrators and staff, hospital administrators, therapists, funeral home directors, and those fighting sex trafficking. Attendees will learn how "soul injuries" cut us off from the energy of our deepest self, robbing us of the essence of our being.

Place: St. John's Church 211 E. Carrol St., Kenton, OH Cost: \$15 (includes lunch)

Date: Saturday, May 14

9:00 AM – 4:00 PM Soul Injury Restoration Workshop

This workshop offers an *experience* of healing for traumatized people and their families. Its 3-dimensional design provides education for the mind, safety for the heart, and courage to develop a new relationship with weariness in the soul. Participants will learn how to re-own and re-home scattered pieces of self by cultivating *personal* intimacy with the part of self-carrying emotional pain. Connecting with the part of self-generating the pain, paradoxically, restores wholeness. Facilitation will also include a physician, Dr. Abi Katz, and secondary trauma specialist Kathy Van Pelt. **Place**: St. John's Church 211 E. Carrol St., Kenton, OH **Cost**: Donation (includes lunch)

(Friday conference & Saturday workshop are independent; you can attend either day or both days.)

Registration and Reservations: <u>scott.johnson7579@gmail.com</u> or 571-420-8758

Date: Sunday, May 15 Time: 4-6PM. Soul Injury: An Overlooked, Unassessed Consequence of Chronic Stress & Trauma

The mental and emotional injuries that accompany trauma are readily identified. Less recognized are the *insidious* wounds that occur with trauma and, indeed, with all of us whenever we lose a sense of our own goodness/inner beauty or we think we are inadequate or defective. Whether traumatic or insidious, these "soul injuries" cut us off from the energy of our deepest self, robbing us of the essence of our being. Connecting with the part of self-generating the emotional pain, paradoxically, restores wholeness. Thus, soul restoration includes learning how to re-own and rehome scattered pieces of self by cultivating *personal* intimacy with the part of self-carrying our emotional pain.

Place: 450 Walnut Glen Dr, Wilmington, OH.

Cost: Donation

More Info: <u>Kathy@OpusPeace.org or phone: 937-302-6578</u>